

May

HILL AFB MILITARY & FAMILY READINESS CENTER

Your Trusted Guide and Partner In Staying Mission Ready and Navigating Military Life



Call to Register! 777-4681 *Dates & Times are subject to change, please call to confirm.

For more FSS events visit: HillFSS.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Reintegration 0800-0900 EFMP Legal Assistance Workshop 1200-1300 Supplemental Sponsorship Training 1330-1430	2	3
4	5	6 Reintegration 0800-0900 Newcomers 0800-1145 TAP: Pre-Separation 1400-1600 KSL Quarterly Training 1800-2000	7 PDP 0900-1100 Capstone: By Appt	8 FDS - Enlisted 0730-1130 Reintegration 0800-0900 EFMP Rock Painting & Resiliency 1730-1900	9 Military Spouse Appreciation Day! While Supplies Last USO Military Spouse Coffee Connection 0900-1200 Moving Out of the Dorms 1300-1400 Hearts Apart Spouse Appreciation Dinner 1700-1900	10
TAP Week: 0800-1630 Spouses Welcome!						
11	12 FTAN 0730-1530	13 Reintegration 0800-0900 Pre-Arrival 1000-1100 TAP: Pre-Separation 1400-1600	14 Capstone: By Appt	15 HELLO: 0730-1450 Reintegration 0800-0900 Loving a Neurodivergent Family Member 1700-1830	16 Retirement Money: SBP, Tricare, Saving & Investing 0900-1100 VA Education Benefits Workshop 1130-1230	17
TAP Week: 0800-1630 Spouses Welcome!						
18	19	20 Reintegration 0800-0900 Newcomers 0800-1145 TAP: Pre-Separation 1000-1200	21 Capstone: By Appt	22 Reintegration 0800-0900 KSL Connection 1100-1200 Bundles For Babies 1130-1515	23	24
25	26 CLOSED: Memorial Day	27 Reintegration 0800-0900 TAP: Pre-Separation 1400-1600	28 Capstone: By Appt Credit Score Breakdown 1130-1230 TAP Vocational (C2E) Track 0800-1630	29 Reintegration 0800-0900	30 *See page 2 for workshop descriptions & continuously offered trainings!*	
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DEPLOYMENT READINESS

PDP (7): Required for any service member scheduled to deploy (over 30 days) or remote tour. Learn about resources offered for service members and their families while deployed. Spouses are welcome to attend!

Reintegration (Tuesdays) (Thursdays): Required for any service member returning from deployment. Learn about programs and resources offered for service members and their families upon the service member's return.

Hearts Apart Spouse Appreciation Dinner (9): Take a night off from cooking and join us for dinner at the Dining Facility for deployed families. An MFLC will be available for support. A small craft for kids is provided.

EXCEPTIONAL FAMILY MEMBER PROGRAM FAMILY SUPPORT (EFMP-FS)

EFMP Legal Assistance Workshop (1): Are your special needs dependents cared for after you pass away? This workshop will cover topics such as trusts, wills, power of attorney's and more that specifically apply to you and your special needs family member.

EFMP Rock Painting & Resiliency (8): Families will learn about resiliency, acts of kindness, and fun with rock painting.

Loving a Neurodivergent Family Member (15): EFMP Workshop Presented by the MFLC Kathryn MHC. This workshop will focus on the challenges families face when loving someone who is neurodivergent and resources and resiliency that can help families who are struggling.

RELOCATION

Supplemental Sponsorship Training (1): This workshop includes local area and installation specific information that the eSAT CBT doesn't. Coordinate with your CSS or call the M&FRC at 801-777-4681 to register.

Pre-Arrival Orientation (13): A virtual orientation for service members with an assignment to Hill AFB. Includes information from various support agencies (M&FRC, TRICARE, TMO, Child & Youth Programs, etc.).

HELLO (15): Mandatory orientation for newly appointed/arrived Commanders (and Civilian equivalents), Chiefs, SELs, and First Sergeants. One stop shop to receive over 15+ AFI-driven briefings. Sign up through your unit CSS.

Newcomers Orientation (6)(20): Mandatory orientation for all incoming military personnel. Briefing also includes Voting Assistance information.

FTAN (12): Orientation for First Duty Station Enlisted Airmen. Briefings will orient members to Hill AFB resources. Members are enrolled when the unit registers them for FTEC.

SURVIVOR BENEFIT PLAN

Retirement Money: SBP, Tricare, Saving & Investing (16): This workshop is only for medical or 20+ year retirees. Workshop contains financial considerations for your future as participants will receive general information about the Survivor Benefit Plan (SBP) and Tricare as well as information about Saving and Investing.

INSTALLATION VOTING ASSISTANCE PROGRAM

New UVAO Training: One-on-one training available every Tuesday at 1500. Call the M&FRC to schedule an appointment.

TRANSITION ASSISTANCE PROGRAM

Pre-Separation (6)(13)(20)(27): This workshop is the second step in the TAP process. Participants receive an overview of available benefits, services, and resources to utilize during the transition process.

TAP (5-days) (5-9)(12-16): Transition Assistance Program workshops provide participants information and resources about occupations, post military personal finances, Department of Veteran Affairs benefits and services, Department of Labor employment fundamentals, and more. Workshops are currently being scheduled 1-2 months out.

Capstone (Wednesdays): The final TAP appointment to review all Career Readiness Standards. Capstone appointments must be completed NO EARLIER THAN 12 months, and NO LATER THAN 90 days prior to your date of separation or retirement.

Vocational (C2E) Track (28-29): Not sure what you want to do after the military? In this 2 day training, you will learn the technical aspects of the job search process and take interest and skill assessments to explore career options.

VA Education Benefits Workshop (16): Provides information about Defense Department (DoD) and VA education.

PERSONAL & WORK LIFE / KEY SUPPORT LIAISON PROGRAM

KSL Quarterly Training (6): Deployment Readiness.

Military Spouse Appreciation Day (9): On May 9th starting at 0730 stop by one of our booths for a small token of appreciation for spouses. We will have booths at: M&FRC, CDC and the Warrior Fitness Center.

USO Military Spouse Coffee Connection (9): Join us at M&FRC for a casual get-together to meet other spouses, learn about local resources and attractions- all over a great cup of coffee.

KSL Connection (22): Networking, training and connection for key spouse volunteers.

PERSONAL FINANCIAL READINESS

FDS-E (8): Instruction about personal financial management for first-term enlisted Airmen.

Moving Out of Dorms (9): Instructing Airmen of the many financial and legal concerns in preparing to move from the dorm to commercial housing.

Bundles for Babies (22): Financial awareness of the cost for raising a child and meets the financial Touch Point for Birth of the First Child. Also, learn about resources for caring for a newborn, stress management for new parents, and car seat safety. Participants receive \$150 voucher from the Air Force Aid Society.

Credit Score Breakdown (28): The mind set of 'buy now, pay later' can be addictive for anyone and can influence their financial trajectory for years to come. By learning how credit scores work, and the various factors that are used to calculate them, individuals can empower themselves to make better financial decisions. Class presented by America First Credit Union. **Lunch provided to those who sign up by noon on 27 May.**

TSP Tuesdays & Debt-Free Thursdays: Mr. Dave Marble, Personal Financial Counselor with the M&FRC, offers walk-in appointments for service members and dependents. Every Tuesday from 1400-1500 he focuses on TSP and Thursdays from 1500-1600 he provides information about debt management.